



## ***Medway Yacht Club***

# ***Cannon Ball Trophy 2025*** **SAILING INSTRUCTIONS**

Organised by the Medway Yacht Club in conjunction with EAORA

**28<sup>th</sup> June 2025**

First Warning Signal: 05:55 BST (06:55 Local Time)

High Water: Ostend: 02:50 BST 5.3M (03:50 Local Time); Ramsgate: 14:30 BST 4.9M

### **CONTACT DETAILS**

	<b>Race Committee</b>	<b>Coastguard</b>	<b>Race Office</b>
<b>Start</b>	Principal Committee Vessel "Jane" white hull Fairey Huntsman motor boat flying EAORA flags. Call Sign "Offshore One" VHF ch72	HM Coastguard Dover VHF Channel 16 +44 (0) 01255 675518 (For Notification of retirements or in an emergency) <a href="mailto:Zone13@hmcg.gov.uk">Zone13@hmcg.gov.uk</a>	Race Officer: <b>Andrew Wise</b> 07967 670 995 <a href="mailto:andy.wise@lemoncat.com">andy.wise@lemoncat.com</a>
<b>Finish</b>	Royal Temple Yacht Club	As Above	Race Officers: Andrew Ketteringham 07955272238

**YACHTS RETIRING FROM THE RACE MUST IMMEDIATELY NOTIFY RACE HEADQUARTERS AT THE FINISH OR HM COASTGUARD AS APPROPRIATE.**

Failure to comply may lead to exclusion from future EAORA/RORC racing.

**THE ATTENTION OF EVERY PERSON IS DRAWN TO WORLD SAILING SPECIAL REGULATION 1.02 AND TO THE IMPORTANCE OF HAVING SUITABLE AND ADEQUATE PERSONAL INSURANCE.**



# SAILING INSTRUCTIONS

The responsibility for a boat's decision to participate in a race or to continue racing is hers alone. (RRS fundamental rule 3)

## 1. RULES

- 1.1. The race will be governed by:
  - 1.1.1. The rules as defined in The Racing Rules of Sailing (RRS).
    - 1.1.1.1. RRS part 2 rules will be replaced with the right-of-way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) between the times of local sunset and sunrise; or government right-of-way rules if applicable.
  - 1.1.2. RYA Prescriptions to the Racing Rules which can be found on the RYA Website.  
[www.rya.org.uk](http://www.rya.org.uk)
  - 1.1.3. World Sailing's Offshore Special Regulations Category 3 with Category 2 Liferaft.
  - 1.1.4. The rules and regulations of appropriate Class rules; IRC Rules Parts A, B & C.
  - 1.1.5. The Notice of Race Part 1 is available from the EAORA Website and its General Rules apply to all EAORA races. The Notice of Race Part 2, also available from the EAORA Website, gives information about individual races. Both Documents may be modified by the Sailing Instructions for each race. [www.eaora.org.uk](http://www.eaora.org.uk)
- 1.2. When a rule is modified by the Sailing Instructions, this shall take precedence over the Notice of Race.

## 2. EQUIPMENT AND MEASUREMENT CHECKS

- 2.1. A boat or equipment may be inspected at any time for compliance with the rules.

## 3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the EAORA website & distributed electronically.

## 4. IDENTITY AND NUMBER OF PERSONS ON BOARD CHECK

- 4.1. Every yacht shall compile a Crew List to be held by the nominated Shoreside Contact before the start of the race.
- 4.2. Every yacht shall pass close by the start Committee Vessel, displaying her sail numbers and letters in the lifelines if no sail is hoisted and inform the Race Officer of the number of persons on board. This information may be transmitted to the Race Committee by VHF if an individual yacht is late for the start.
- 4.3. If there are any changes to the crew details as compared to those on the crew list, it is imperative that the Committee Boat is informed of the changes. A yacht shall not sail with a crew member whose emergency contact details have not been lodged with the Shoreside Contact before the start of the race.

## 5. START LINE

- 5.1. A Line set up in an appropriate area immediately outside Ostend Harbour entrance.

## 6. STARTING TIMES AND SIGNALS

- 6.1. The Race Committee will broadcast a time check by VHF radio (channel 72) at 05:50 BST (06:50 Local Time) using a countdown procedure and hoist an orange Code Flag.
- 6.2. There shall be one combined start for all IRC classes as listed below, followed by one start for the MOCRA class.
- 6.3. The numbers or names of yachts OCS may be broadcast by the Race Committee.



Time (BST)	Time (Local)	CLASS	FLAG	SOUND SIGNAL
05:55	06:55	All IRC classes	Numeral Pennant 1 displayed	One sound signal
05:56	06:56		Preparatory Signal displayed	One sound signal
05:59	06:59		Preparatory Signal removed	One long sound signal
06:00	07:00		Numeral Pennant 1 removed	One sound signal
06:05	07:05	MOCRA Class	Numeral Pennant 8 displayed	One sound signal
06:06	07:06		Preparatory Signal displayed	One sound signal
06:09	07:09		Preparatory Signal removed	One long sound signal
06:10	07:10		Numeral Pennant 8 removed	One sound signal

## 7. THE COURSE

- 7.1. The course for this race will be chosen by the race officer from the courses in Appendix A.
- 7.2. If a mark is not seen a yacht shall supply with the declaration satisfactory evidence that the mark has been passed correctly.

## 8. AREAS THAT ARE OBSTRUCTIONS

- 8.1. See EAORA Notice Of Race Part 1 paragraph 10.

## 9. COMMUNICATION

- 9.1. The Race Committee may broadcast information on VHF ch72, call sign "Offshore One".
- 9.2. Yachts are reminded to keep a watch on VHF ch72 during the start and as requested at the finish.
- 9.3. Yachts are reminded of their legal obligation to keep a continuous watch on VHF Ch16

## 10. REPORTING IN A SLOW RACE OR ROUGH WEATHER (Force 7 and above)

- 10.1. In the event of rough weather all Yachts shall endeavour to report to the Race Committee their whereabouts and status at reasonable intervals (if possible 4-hourly), and pass on information about other boats if known.
- 10.2. Inter-boat communication calls should when possible be on DSC or VHF ch16 as a calling Channel and VHF ch72 as a working Channel.
- 10.3. Yachts with communications in addition to VHF should act as a link, taking other boats' reports on VHF and passing them to the Race Committee or Coastguard.

## 11. RETIREMENTS

- 11.1. Yachts retiring should inform the Race Officer at the finish as soon as possible by telephone or VHF ch72 or inform HM Coastguard on +44 (0) 1255 675518 or by VHF ch16 that they have retired and their intentions.

## 12. APPROACH TO THE FINISH

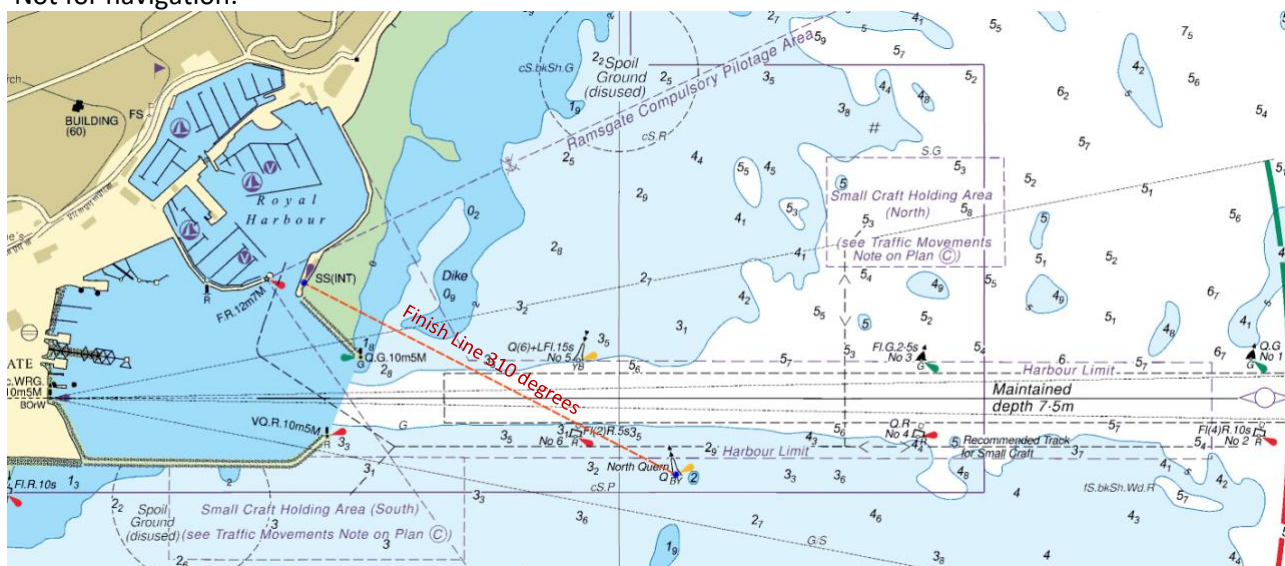
- 12.1. All yachts are required to set listening watch on VHF ch72 when approximately 30 minutes from the finish and at that time to call "**Temple Race Hut**" to advise Estimated Time of Arrival at the finish line.
- 12.2. At night or in poor visibility yachts should assist with identification at the finish line by calling "**Temple Race Hut**" again on the final approach to the finish line. At all times be ready to assist with identification at the finish line and keep VHF watch until berthed. The PRO will maintain a watch on VHF ch72 and mobile phone.



### 13. THE FINISH

- 13.1. The finishing line runs 118° magnetic from the Race Hut Flag Mast to the North Quern North Cardinal Buoy.
- 13.2. Yachts must take their finishing time when North Quern bears 118° magnetic.
- 13.3. The Number 6 Channel Marker which may not be on the finish line is an inner distance mark.
  - 13.3.1. Yachts shall finish between North Quern & the Number 6 Channel Marker leaving North Quern to Port and the Number 6 Channel Marker to Starboard.
- 13.4. It is possible that the RTeYC Race Box will not maned - **competitors are required to take their own finish times.**
- 13.5. Finishing times shall be delivered to the EAORA Race Officer as soon as possible. If this is a separate watch then that watch must be checked against the official time clock.
- 13.6. Confirmation of Arrival: It is extremely important that every boat confirms her arrival as quickly as possible to the Committee Vessel, or Race Office when no Committee Vessel is on station. Boats failing to comply with this rule may find themselves disqualified from the race.

Not for navigation:



### 14. DECLARATIONS

- 14.1. Competitors are reminded that under EAORA Notice of Race Part 1 para 15 they are required to complete a Declaration Form and submit it to the Race Officer as soon as possible after the race. Declarations may be made on paper or sent via SMS, email or WhatsApp to the Race Officer's mobile or e-mail. Failure to comply with this rule may result in the yacht being excluded from the results.
- 14.2. In the event of a yacht not entering the finish port declarations shall be sent electronically as soon as possible after the finish.
- 14.3. When a yacht retires from the race, she shall write the reasons on her Declaration Form.
- 14.4. Declarations must include: Yacht Name, Sail Number, Finish Time (BST), yacht ahead, yacht astern.

### 15. SCORING

- 15.1. EAORA will supply all race result details as soon as possible after the race has finished such that points can be awarded in all series and Trophies/medallions awarded.

### 16. PENALTY SYSTEM

- 16.1. Standard Penalties:



16.1.1. Under World Sailing Test Rule DR21-01, the definition Start is changed as follows:

A boat starts when her hull having been entirely on the pre-start side of the starting line, and having complied with rule 30.1 if it applies, any part of her hull crosses the starting line from the pre-start side to the course side either

- (a) at or after her starting signal, or
- (b) during the last 10 seconds before her starting signal.

When a boat starts in accordance with item (b) of the definition Start, she may return to the pre-start side of the line to comply with item (a) of the definition of Start, but, if she does not the starting penalty shall be a time penalty of 10% (NoR Part 1 para 11.3 & RRS 44).

16.1.2. For a breach of any area designated an Obstruction, i.e. Traffic Separation Schemes, the Race Committee shall, without a hearing, apply a standard time penalty of 10% (NoR Part 1 para 11.3 & RRS 44), unless the breach was unavoidable and unintentional, and no advantage was gained. This changes RRS 63.1 and A5.

16.2. Should the Race Committee consider a standard penalty to be inappropriate, it shall protest the boat.

16.3. If, in a valid hearing brought by the Race Committee under Sailing Instruction 16.2 or by another boat, a boat is found to have infringed RRS 28, 29.1 or the Sailing Instructions, the penalty will be at the discretion of the Protest Committee but will not be less than the standard penalty.

16.4. Other Penalties:

16.4.1. When the Protest Committee decides that a boat that is party to a protest hearing has broken a rule other than RRS Part 1 and 2 and that no serious damage or injury was caused and no significant advantage has been gained, it may apply a time penalty of 10% (NoR Part 1 para 11.3 & RRS 44). Should the Protest Committee decide that the breach was minor and unintentional it may at its discretion choose to give a warning.

## 17. PROTESTS AND REQUESTS FOR REDRESS

17.1. Protests may be written on plain paper when Protest forms are not available. Protests and requests for redress or reopening shall be delivered to the race office within the appropriate time limit.

17.2. Time limits are as specified in the NoR Part 1 paragraph 11.5 & 11.6.

17.3. Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race.

17.4. The notification of a Protest by the Race or Protest Committee against a competitor as required under RRS 61.1(b) or (c) shall consist of a notice on the Official Notice Board.

## 18. TROPHIES AND PRIZES

Cannon Ball Trophy; (1st Overall)  
EAORA Glassware

## 19. RISK STATEMENT

19.1. Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

19.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

19.2.1. they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;



- 19.2.2. they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 19.2.3. they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 19.2.4. their boat is in good order, equipped to sail in the event and they are fit to participate;
- 19.2.5. the provision of a race management team, other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 19.2.6. they are responsible for ensuring that their boat is equipped and seaworthy so as to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and familiar to the crew.



## APPENDIX A OF THE SAILING INSTRUCTIONS

Note – All positions are approximate and “not for navigation”.

### Course A

No:	Name:	Pass To:	Lat:	Lon:
1	Start vicinity		51° 14' 28.2" N	002° 53' 39.5" E
2	LST 420	P	51° 15' 32.0" N	002° 40' 26.3" E
3	Ruytingen East	S	51° 14' 30.9" N	002° 17' 55.0" E
4	Sandettié North	P	51° 18' 19.4" N	002° 04' 43.5" E
5	Goodwin Knoll	P	51° 19' 34.9" N	001° 32' 11.7" E
6	East Brake	S	51° 19' 28.5" N	001° 29' 11.9" E
7	Ramsgate No 2	S	51° 19' 27.8" N	001° 27' 17.2" E
8	Ramsgate No 4	S	51° 19' 27.7" N	001° 26' 36.1" E
9	North Quern RTeYC Finish Line		51° 19' 24.8" N	001° 26' 07.0" E

Distance – approximately 56 miles

**END OF SAILING INSTRUCTIONS**



## **Additional Notes for Competitors**

### **(These notes are NOT part of the Sailing Instructions)**

#### **1. WhatsApp Group**

EAORA runs a WhatsApp Group for competitors in EAORA races. The group is for communication between race management and competitors and for general competitors discussions relevant to EAORA.

To join the EAORA WhatsApp group please contact Claire Scott or Andy Wise.

#### **2. BERTHING ARRANGEMENTS**

##### **At Start**

- Royal North Sea Yacht Club marina (Montgomery Dock) has berths for all vessels; please berth as directed by the Harbour Master or EAORA personnel.
- Please note marina fees are included for entrants into the East Coast Race & Amazon Cup, for those not entered marina fees are due to the RNSYC.
- Remember to call Oostende harbour control on VHF 09 for permission to leave the marina

##### **ENTERING RAMSGATE**

Yachts should call Ramsgate Port Control on VHF 14 to request permission to enter the harbour. Once in the Harbour Call the Marina for a berth.

#### **3. PRIZE GIVING**

*Will be at the Royal Temple Yacht Club after racing*

#### **4. THANK YOU**

**END OF ADDITIONAL NOTES**